Pulse

NEW ENGLAND DEACONESS HOSPITAL BOSTON, MASSACHUSETTS

MARCH, 1965

DEACONESS AND BETH ISRAEL PIONEERS IN NEW FIELD

RADIOLOGICAL MONITORING

Deaconess and Beth Israel were the first two hospitals in this area to answer the call from the Department of Defense to send qualified persons to take a course in radiological monitoring in cooperation with the Boston Civil Defense Agency. With the example set by NEDH and BI other hospitals are following suit. It is hoped, eventually, that all shelters everywhere will be monitored by two, preferably four, persons.

It started here in January when Donald L. Sabine, Director of Maintenance and Engineering, as well as Chairman of the Safety Committtee, was asked by the Boston office of Civil Defense to send two men from the maintenance department to take the pilot course given at Boston Fire Department Headquarters, 115 Southampton Street.

The two men selected were John J. De Cost, chief electrician, and Carl Lindgren, electronic technician.

The intensive (no coffee breaks) eight hour course was spread over a period of three days, at the end of which time De Cost and Lindgren received certificates as radiological monitors, meaning that they have been trained to maintain a shelter in the event of a nuclear attack.

Lt. George R. Haines and Lt. Charles F. Freiberg, Radiological Officers of the Boston Fire Department, teach the classes. Each of these men is a qualified instructor, having been trained in radiological defense in his off time over a period of six years by competent agencies including the Atomic Energy Commission.

They are in charge of conducting classes in Area 1A, or metropolitan Boston. Charles K. Spalding of the Cancer Research Institute is in charge of Area 1, comprised of 87 cities and towns in northeast Massachusetts.

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Left to right: John J. De Cost, Carl Lindgren, Donald L. Sabine, Lt. George R. Haines and Lt. Charles F. Freiberg.

Friends of Deaconess Sponsor Annual Night At The Pops

April 30 is the date to mark on your calendar for New England Deaconess Night at the Pops. Arthur Fiedler will conduct the program beginning at 8:30 p.m. in Symphony Hall. The event is being sponsored by the Friends of the Deaconess Hospital and proceeds will be used for nursing scholarships.

This year Mrs. David P. Boyd of Wellesley Hills is chairman and Mrs. C. Cabell Bailey is treasurer. Tables, all of which seat five persons may be reserved for $25.00. Single seats are priced at $5.00. Tables and seats will be assigned upon receipt of a check, and remember, these contributions are deductible for income tax purposes. Checks should be made out to Friends of the Deaconess Pops and be sent to Mrs. Bailey at 58 Bristol Road, Wellesley Hills, Mass. 02181. Enclose a self-addressed stamped envelope.

Miss Vera Russell, recreational director of Student Nursing, is seeing to it that colorful posters are being made to advertise the event. They will be placed in the lobby of the hospital.

REMINDER!

Blue Cross-Blue Shield

March 19th is the deadline if you care to become a new member or change your present coverage. Apply at the Personnel Office.

You may subscribe to Blue Cross-Blue Shield membership if you work a minimum of 30 hours per week.

You may add Blue Shield.

You may add the Prolonged Illness Certificate.

All questions should be referred to Mrs. Brydges in Personnel.

KATHRYN L. O'DONNELL

KATHRYN O'DONNELL NEW HEAD OF A.O.R.N.

Miss Kathryn L. O'Donnell was elected to the office of president of the National Association of Operating Room Nurses at the 12th National Congress held in February in New York City. She will serve a two year term and her duties include attending board meetings, special meetings and, occasionally, serving as AORN representative to other organizations.

Miss O'Donnell, who was graduated from the School of Nursing at Massachusetts General Hospital, has been with the Overholt Thoracic Clinic since 1938. She is head nurse and works with Dr. Richard H. Overholt.

In 1959 Miss O'Donnell and Dr. Overholt went to Saigon, Vietnam to help set up a thoracic unit in the hospital there for the purpose of training native personnel in chest surgery and pre, as well as post operative care.

The late Dr. Tom Dooley was in nearby Laos at the time but Miss O'Donnell did not meet him then. It was not until Dr. Dooley was in Boston in the fall of 1959 that their paths crossed. She reports that he was dedicated to the job he was doing in Laos with Medico and is disturbed by the fact that she is not certain whether or not his work is being carried on.

Mrs. Kimball Returns

Back with the Deaconess is Mrs. Gertrude C. Kimball, who retired December 31 after twenty years as assistant credit manager. One can find Mrs. Kimball in the Coffee Shop as a volunteer on Friday.

The Deaconess is happy to see Mrs. Kimball a part of the family again.

What They're Saying About NEDH

. . . I have had repeated visits to the hospital and each time with the feeling that I am coming home to loving personal attention. There is a rare quality of service at Deaconess, a quality of dedication to each patient, a kindness and warmth . . . the unequalled efficiency, the decorum and dignity, to my knowledge, is unsurpassed. . . .

New Books at The Library

"Founding Father; Story of Joseph P. Kennedy" — By Richard J. Whalen

"Herzog" — By Saul Bellow

"Justice in Moscow" — By George Feifer

"The Joyous Season" — Patrick Dennis

"The Fortune Hunters" — Joan Aiken

LEWIS HONORED AT RETIREMENT TEA

Mr. Francis W. Capper (left) congratulates Howard W. Lewis at party.

The living room at Harris Hall was the scene of a party given for Howard W. Lewis February 25 on the occasion of his retirement after 45 years as night engineer, operation of plant section in the maintenance department. On hand were his family and about 100 of his friends from the hospital.

Miss Vera Russell, recreational director of Student Nursing, made him an exceptionally unusual picture of George Washington as he appears on a one dollar bill. The bill was surrounded on all four sides by columns, made up of folded five dollar bills, given by members of the maintenance department as well as other friends at NEDH.

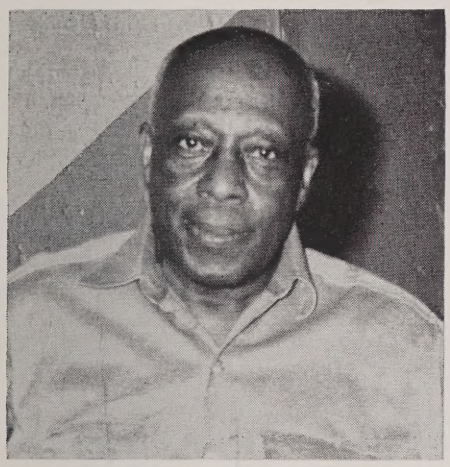
Mr. Richard E. Lee, assistant director and comptroller, presented a sterling silver Revere bowl to Lewis on behalf of the hospital.

Mr. Lewis has no immediate plans for the future other than to continue his hobby of painting water colors from his home in Brighton. He gave two seascapes to Donald L. Sabine, Director of Maintenance and Engineering. The water colors hang in Mr. Sabine's office.

WILLIAM H. BARNES LIKES PEOPLE . . .

During his 38 years as a pullman porter with the New Haven, or the New York Central or the Pennsylvania or the Atlantic Seaboard Railroads he had ample opportunity to observe thousands of people from different parts of the world and from most walks of life and he liked them. He often came in contact with celebrities including Ed Wynn, Irving Berlin, James Cagney, Ethel Waters and King Saud of Saudi Arabia. He liked them too.

Mr. Barnes retired from the railroad seven years ago at the age of 63, but remained in the Boston area because he is partial to New England where, he says, people are exceptionally friendly and understanding.



WILLIAM H. BARNES

After a few bus trips through New England, Barnes realized the idle life was not for him, so he came back to work and is now in his second year on the housekeeping staff at Deaconess.

"A person must contribute of himself to society according to his ability. There is satisfaction in helping one another," declares the native North Carolinian.

Mr. Barnes is concerned with some of the young people he has seen. He believes that in many cases they tend to abandon caution, act irrationally and have little faith.

Faith means a great deal to Bill. He is a Deacon of St. Mark's Congregational Church in Roxbury, where he now lives. He has been with the church nearly twenty years and only exceptionally inclement weather will keep him from attending services on Sunday.

A widower, Barnes' current hobby is cooking. He is endeavoring to become more expert in the culinary art. He also enjoys playing the piano and looking at television. Mr. Barnes has liked music for a long time. He and his D flat clarinet were associated with Pullman Porter's Band and Orchestra which played club dates around Boston at one time.

If you have an opportunity, pass some time with this man. He has a fine philosophy of life. Mr. Barnes likes people.

People like Mr. Barnes.

DEACONESS WELCOMES NEW EMPLOYEES

CASHIER'S OFFICE
Mrs. Dorothy Field

DIETARY
Kathleen M. Davis
Donna M. Gesimondo
Jo-Ann Watkins
Helen Jordan
Cecelia Ryan — Teaching Unit

HOUSEKEEPING
Margaret Navis
Marie E. Vorce

BLOOD BANK
Norma Slater
Patricia Durrell

GROUNDS
David Sullivan
Fresa Ruiz — Laundry
Louisa Pagan — Laundry

NURSING
Sarah Summons
Elsie Miller
Anne Adamski
Roberta Grant
Linda Bortone
Jane Bullard
Jory Blakemore
Gail Levy

PURCHASING
William McCavery

SURGERY
James Paul
Steve Washington
Arthur Risotti
James Palmer
Marguerite Flanagan
Priscilla Horsman

RECOVERY ROOM
Janet LaPlante
Michael Pantzer

DR. ALLAN BACK FROM LATIN TOUR

The news has been a little late in coming but we feel it of importance to note that Dr. Frank N. Allan, chairman of the Medical Department of the Lahey Clinic, received a diploma from the National Academy of Medicine in Buenos Aires conferring membership.

Dr. Allan was in Buenos Aires attending the Eighth Congress of the International Society of Internal Medicine where he lectured on Iatrogenic diabetes.

DR. WOODS ADDRESSES WAYLAND HIGH

The effects of smoking were discussed by Dr. Francis Woods, associate of the Overholt Thoracic Clinic, at an assembly of eighth and ninth grade students at Wayland High School on Thursday, March 11.

Dr. Woods, thoracic surgeon at NEDH and acting director of the Surgical Department at Cambridge City Hospital, is one of a team of physicians who are volunteering their services in this area of preventive medicine to interested community groups.

SOCIAL CONCERNS

Engagements . . .

Bonnie Jeane Scotland graduate of the Deaconess School of nursing and now on the staff, to Donald Frink of Dorchester.

* * *

Joyce Jaeger, senior at the School of Nursing, to Gerard Rudolph, student at Northeastern University.

* * *

Susan Sinclair, senior at the School of Nursing, to Thomas E. Eastler, junior at Brown University.

* * *

Judith Parker, hemotology laboratory, to Laurence Sherman an intern at Boston City Hospital.

Receives Diploma . . .

Marie Sullivan, Hemotology, took an examination last fall to become a Certified Laboratory Assistant. She recently received her diploma and a pin and is now a qualified CLA.

MRS. INGOLD SPEAKS

Mrs. Joyce Ingold of Pathology Labs recently outlined the training necessary and prospective jobs available for medical technicians for members of Belmont High School's Guidance Department.

Deaconess, Beth Israel Pioneers New Field

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Deaconess has eight shelter areas (see diagram). At the moment only the one in the maintenance building is fully equipped with water sealed in metal barrels, food in cans, crackers in containers, radiation detection equipment, medical supplies, sanitation kits, folding cots and mattresses. The reason that but one shelter is thus stocked is due to the fact that it takes a minimum of two persons to man a shelter and so far De Cost and Lindgren are our qualified personnel.

The purpose of a shelter is to protect people from the effects of radiation in a case where a bomb is dropped some miles away. In case of a direct hit, forget it. Assuming the target is not NEDH and knowing that fall out travels at about the same speed at which the wind is blowing, there will be time to reach the shelter uncontaminated. For anyone arriving later, there are devices to measure the radioactivity on the clothing and the body.

It is up to the monitors to make periodic radiation readings and, if necessary, to assist the shelter manager in dispersing food and water and maintaining order and morale. Right now their job is to make inspections of the shelter to be certain that everything is in order.

Everyone connected with this program of radiological monitoring is appalled at the apathy on the part of most people. "We just didn't realize the importance of this. People should be more concerned," agreed De Cost and Lindgren on completion of the course. They add, "We hope nothing ever happens, but it is wise to be prepared."

This course is not given to volunteers as such. One must be recommended. If you wish to request admission to the classes, contact Mr. Sabine's office for clearance.

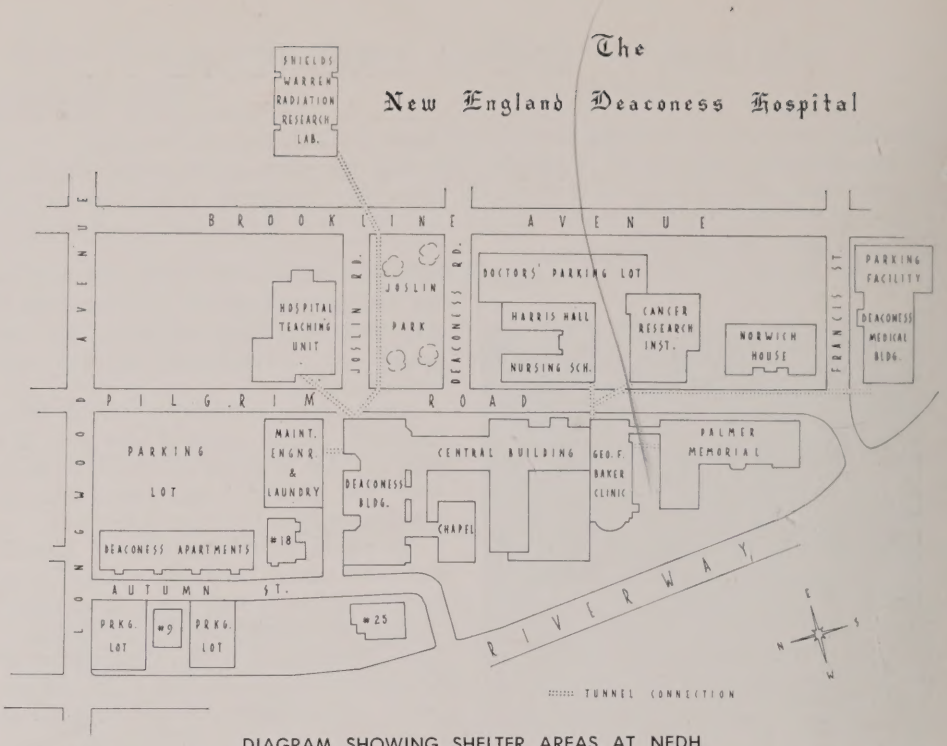

DIAGRAM SHOWING SHELTER AREAS AT NEDH

The eight shelters in the Deaconess complex are designated as follows: JOSLIN CLINIC, one in the basement and one in the sub basement, both on the Pilgrim Road side; CANCER RESEARCH INSTITUTE, in the basement corridor on the Brookline Avenue side; MAINTENANCE BUILDING, basement on Pilgrim Road side; DEACONESS BUILDING, basement on Pilgrim Road side; CENTRAL BUILDING, basement and sub basement on Pilgrim Road side; BAKER CLINIC, the basement on the Pilgrim Road side.

DEACONESS BRAND OF JOHNSON & JOHNSON

Mr. and Mrs. Paul Johnson (Elaine) of Dorchester are the proud parents of a second son, Robert Paul, born March 10. Elaine has been with the Hemotology Laboratory for several years and her fellow workers hope that she will soon return.

Mr. and Mrs. Homer Johnson of Lexington (Betty Johnson was her maiden name) are receiving congratulations on the birth of their first child, Carol Marie, born March 7. Mrs. Johnson was associated with the Chemical Laboratory for some time.

CREDIT OR DEBIT?

Financial problems? Consult the Alpha Credit Union located right here in your hospital.

For easy saving have the Credit Union deduct the amount you specify from your weekly payroll check. Don't forget dividends are issued twice a year.

In need of money? Again your Credit Union serves you.

For your convenience the hours of the Credit Union are as follows:

Tuesday from 2:30 to 4:00;
Thursday from 3:30 to 5:00;
and
Friday from 9:30 to 1:00.

NEW ENGLAND DEACONESS HOSPITAL BOWLING LEAGUE

DIVISION A

Team No.	Pinfall to date Incl. Handicap	Pts.
3—Colleran	33,087	101
5—Meek	31,935	94
4—Marotta	33,008	93
1—Fisher	32,971	89
2—Hennessey	33.047	84

High Singles, Mar. 4

S. Marotta	110
E. Clapp	104

High Singles for Year

J. Curtis	137
E. Clapp	104

High Three-String for Year

J. Curtis	351
S. Meek	308

High Average for Year

R. Lowry	99
S. Meek	95

DIVISION B

Team No.	Pinfall to date Incl. Handicap	Pts.
8—Fippin	33.349	102
9—Weeden	33,055	97
6—Ryan	33,250	90
7—Lee	32,929	87
10—Shapiro	32,529	59

High Singles, Mar. 4

F. Bettinelli	125
G. Graham	111

High Singles for Year

F. Bettinelli	149
L. Gillis	132

High Three-String for Year

F. Bettinelli	343
B. Weeden	311

High Average for Year

F. Bettinelli	98
B. Weeden	91

DIVISION C

Team No.	Pinfall to date Incl. Handicap	Pts.
16—Kimber	33,532	102
15—Emery	33,148	95
12—Schraub	33,259	90
13—Winslow	33,281	89
11—Mazza	33,240	78
14—MacLean	32,388	60

High Singles, Mar. 4

T. Rivera	108
C. Schraub	108
J. Bouley	115

High Singles for Year

R. Bentley	149
J. Bouley	141

High Three-String for Year

C. Schraub	349
J. Bouley	315

High Average for Year

C. Schraub	101
J. Kimber	86